

Bone Marrow Biopsy

Bone marrow is the soft tissue inside your bones where blood cells are made. During a bone marrow biopsy, a small tissue sample is taken and sent for tests. The biopsy is often taken from your hipbone in your lower back.

A bone marrow biopsy is done to:

- Check for blood diseases
- Check for blood or bone cancer
- See how a treatment is working
- Check for infection

Arrive on time for your test. Plan on being here 1-2 hours. The test takes about 30 minutes.

To Prepare

- Before the test, tell the staff about:
 - Your medicines (herbs, over-the-counter, vitamins, and prescriptions)
 - Allergies
 - Other health problems, including bleeding problems
 - Surgeries
 - Pregnancy

During the Test

- You will wear a hospital gown.
- You may be given a sedative or pain medicine.
- You lie on your side or on your stomach.
- The doctor injects the site with numbing medicine. This may sting.
- When the site is numb, the doctor puts a needle through the skin into the bone. You will feel some pressure and may feel some pain. This often lasts only a few seconds.

Dheecaan ka qaadidda Dhuuxa Lafta

Dhuuxa laftu waa unug jilicsan oo gudaha laftaada ku jira halkaasoo unugyada lafta lagu sameeyo. Waqtiga la qaadayo dheecaanka dhuuxa lafta, sambalka yar oo unug ayaa la qaadayaa waxaana loo dirayaa baaritaan. Dheecaanka waxaa badanaa laga qaadaa laftaada sinta ee dhabarka hoostiisa.

Dheecaan ka qaadidda dhuuxa lafta waxaa loo sameeyaa si:

- Loo hubiyo cudurro dhiigga ku jira
- Loo hubiyo kansar dhiigga ama lafaha ku jirta
- Loo fiiriyo sida daaweyntu u shaqaynayso
- Loo hubiyo cudur malaxaysi leh

Waqtiga ku imow marka lagu baarayo. Qorsheyso inaad meesha joogtid 1-2 saacadood. Baaritaanku wuxuu qaadanayaa ilaa 30 daqiiqadood.

Si aad isugu Diyaariso

- Baaritaanka ka hor, shaqaalaha wax uga sheeg:
 - Daawooyinkaaga (dhir, miiska lagaa siiyo, fitamiinno, iyo daawooyinka la isu qoro)
 - Xajiinnada
 - Dhibaatooyinka kale ee caafimaadka iyo qalliinnada
 - Qalliinnada
 - Ur

Waqtiga Baaridda

- Waxaad xidhan doontaa goonnada isbitaalka.
- Waxaa laga yaabaa in lagu siiyo daawo kabuubiso ama daawo xanuun.
- Waxaad u jiifsanaysaa dhinacaaga ama caloosha.
- Dhakhtarku wuxuu meesha kaaga durayaa daawo kabuubiso ah. Waxaa laga yaabaa iney ku xanuujiso.
- Marka meeshu ay kabuubyooto, dhakhtarku cirbad ayuu gelinayaa maqaarka ilaa lafta. Waxaad dareemi doontaa xoogaa cadaadis ah waxaana laga yaabaa inaad dareento xoogaa xanuun ah. Tani waxay badanaa ku dhammaataa dhowr ilbiriqsi.

Bone Marrow Biopsy. Somali.

- The doctor will remove a small tissue sample and the needle is taken out. A bandage is put on the site.

After the Test

- You will need to lie on your back for 15 to 20 minutes.
- The nurse will check the bandage for any signs of bleeding.
- You may have some bruising or mild discomfort.
- You can remove the bandage the day after your biopsy.
- Test results are sent to your doctor. Your doctor will share the results with you.

Call your doctor **right away** if you have pain going down your leg or bleeding where the biopsy was taken.

Talk to your doctor or nurse if you have any questions or concerns.

- Dhakhtarku wuxuu soo saari doonaa sambal unug ka dibna cirbadda ayuu kaa soo bixin donaa. Faashad ayaa meesha lagaa saari doonaa.

Baaritaanka ka Dib

- Waxaad u baahan doontaa inaad dhabarka u seexatid ilaa 15 ilaa 20 daqiiqadood.
- Kalkaalisadu waxay hubin doontaa in wax dhiig ah uu ka soo baxayo faashadda.
- Waxaa laga yaabaa in xoogaa nabad ah kugu sameysmo ama lur iska yar.
- Waxaad iska fujin kartaa faashadda maalinta ka danbaysa dheecaan qaadidda.
- Natiijooyinka baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaagu wuxuu kula socodsiin doonaa natijooyinka.

Isla markiiba dhakhtarkaaga wac haddii uu xanuunku lugahaaga u gudbo ama aad ka dhiigbaxayso meesha dheecaanka laga qaaday.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad wax su'aalo ah ama walaac ah qabtid.

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