

Having an X-Ray

An x-ray takes pictures of the inside of your body so that your doctor can check bones or organs for problems. The test is safe, quick and painless. The type of x-ray you have will depend upon the area being looked at and why.

If you are pregnant, or think you might be, tell the staff before the test.

To Prepare

You may need to remove clothing with metal parts, snaps or zippers. You may also need to remove jewelry or eyeglasses. You may be asked to wear a hospital gown.

During the Test

You may be given a heavy apron to protect other parts of your body from exposure to the x-rays.

Staff will help position you for the test, then move behind a wall. You may be told to hold your breath or to not move for a short time. Movement can cause the pictures to be blurry.

Most x-rays only take a few minutes.

After the Test

Test results will be sent to your doctor. Your doctor will discuss the results with you.