

Biopsy

A biopsy is the removal of pieces of tissue, which are then sent to a lab for testing. A biopsy is most often used to find cancer. Any part of the body, such as the skin, an organ or a lump can be tested. An x-ray, CT scan or ultrasound may be done to locate the biopsy site. A biopsy may be done during surgery. Your doctor will review the results of your biopsy with you at your next visit and talk to you about treatment if needed.

If you have any allergies to medicines, foods or other things, tell the staff before the test.

If you are pregnant or think you might be, tell the staff before the test.

Arrive on time for your test. You may be told to arrive 30 minutes before your appointment time. A simple biopsy takes about 15 minutes. It may take longer if several biopsies or x-rays are needed.

To Prepare

- Do not take aspirin or ibuprofen for one week before the biopsy.
- Check with your doctor about taking your prescription medicines.

During the Test

- You will lie on a table and may wear a hospital gown.
- An x-ray, CT scan or ultrasound may be done to locate the biopsy site.
- The site is cleaned.
- Numbing medicine is put into the skin. This may sting.
- When the site is numb, a small needle is put into the area to be tested. Tissues and cells are removed. In some cases a small incision is made so that tissue or a lump can be removed and tested.
- If you feel any discomfort, tell the doctor.
- The needle is then removed.
- Pressure is applied, then a small bandage. If an incision was made, stitches may be placed to close the incision.

切片檢查

切片檢查是指切下小片的組織，送往化驗室進行檢查。切片檢查往往用於癌症檢查。對人體的任何部位，例如皮膚、器官或腫塊，都可以進行切片檢查。爲了確定切片檢查部位，可能會進行 X 光檢查、CT 掃描或超音波檢查。下次就診時，醫生會向您說明切片檢查結果，必要時會與您討論治療方案。

如對藥物、食物或其他物品過敏，檢查前要向工作人員說明。

若您懷孕或認爲自己可能懷孕，檢查前要向工作人員說明。

準時到達檢查地點。可能會要求您提前 30 分鐘抵達檢查地點。簡單的切片檢查大約需要 15 分鐘。如果需要作多處切片檢查或 X 光檢查，可能需要更長的時間。

準備工作

- 切片檢查前一週內不得服用阿司匹靈或布絡芬。
- 詢問醫生是否可以服用處方藥物。

檢查過程

- 躺在平臺上，可穿醫院發給的罩衣。
- 爲了確定切片檢查部位，可能會作 X 光檢查、CT 掃描或超音波檢查。
- 清潔切片檢查部位。
- 皮膚上塗麻藥。可能有刺痛感。
- 切片檢查部位麻木後，用一根小針探入要檢查的區域。取出組織和細胞。有時候需要做一個切口，以取出組織或腫塊進行檢查。
- 如感到不適，向醫生說明。
- 然後取出針。
- 按住針刺部位，然後用一塊小膠布貼在針刺部位。如果做了切口，可能要縫合。

After the Test

- You may have bruising, discomfort or swelling at the biopsy site.
- If needed, use over the counter pain medicine that does not contain aspirin.
- Apply an ice pack to the site as needed to reduce swelling and bruising. Do not apply ice directly to the skin. Apply ice for 20 minutes and then take the ice off for at least 30 minutes.
- Avoid strenuous activity and lifting over 5 pounds for 24 hours. You may resume normal activities unless otherwise instructed.
- Test results are sent to your doctor. Your doctor will share the results with you.

Call your doctor if you have:

- Bleeding, drainage, increased swelling, redness or warmth at the site
- Pain not relieved by over the counter pain medicine

Talk to the staff if you have any questions or concerns.

檢查之後

- 切片檢查部位可能有淤傷、不適或腫脹。
- 必要時，服用不含阿司匹靈的非處方止痛藥。
- 必要時用冰袋敷切片檢查部位，以消除腫脹和擦傷。冰塊不得直接接觸皮膚。冰敷 20 分鐘後取開，至少間隔 30 分鐘才能再敷。
- 24 小時內，避免吃力的活動和提舉 5 磅以上的重物。如無特別指示，24 小時後可恢復正常活動。
- 檢查結果送至醫生處。醫生會將檢查結果通知您。

如有以下情況，請找醫生：

- 切片檢查部位出血、有滲出液、腫脹加劇、發紅或發燙
- 非處方止痛藥無法緩解疼痛

如有任何疑問或擔心，請向工作人員提出。