

# Thyroid Scan

A thyroid scan checks your thyroid gland for problems. The thyroid gland is located in your neck. It speeds up or slows down most body functions. You will be asked to swallow a pill that contains a small amount of radioactive iodine for this test. There are no side effects from taking this pill.

This test has 3 parts. You will be given 3 appointment times. **Arrive on time for each part of the test.**

**If you have any allergies to medicines, foods or other things, tell the staff before the test.**

If you are breastfeeding, pregnant or think you might be, tell the staff before the scan. For women of childbearing years, a pregnancy test is done before the scan.

## To Prepare

- Do not take multi-vitamins that contain iodine for 4 weeks before the test.
- If you are taking thyroid medicine, ask your doctor when you need to stop taking it before the test.
- Do not eat or drink anything, including water, after midnight before the test and for 2 hours after you take the pill.
- Ask your doctor if you should take your medicines the day of the test. If so, take with sips of water only.

## Your Appointments

### Part One:

Your test is at \_\_\_\_\_ morning/afternoon

Time

on \_\_\_\_\_, 20\_\_\_\_.

Month

Day

Year

# 甲狀腺掃描

甲狀腺掃描是爲了檢查您的甲狀腺有無問題。甲狀腺位於您的頸部。它加速或減慢大部分的身體功能。將要求您爲這此次檢查吞下一個含少量放射性碘的藥丸。服用此藥丸無副作用。

檢查分 3 個部份。您將得到 3 次約診。**每一部分的檢查都要準時到達。**

**如果您對任何藥物、食物或其他物質敏感，請在試驗前告訴工作人員。**

如果您哺乳、已懷孕或認爲您可能已懷孕，請在掃描之前告知醫療人員。育齡女性掃描之前要做妊娠測試。

## 準備工作

- 在測試之前的 4 個星期，請勿服用含碘的多維生素類。
- 如果您正服用甲狀腺藥物，請詢問您的醫生您應當在測試之前何時停止服用藥物。
- 在測試之前的午夜之後以及您服用藥丸之後的 2 小時不要吃喝任何東西，包括水。
- 向您的醫生詢問測試當日是否應當服用您的藥物。如該服用，僅小口喝水送服。

## 您的約診

### 第一部分：

您的測試是在\_\_\_\_\_上午/下午  
時間

在\_\_\_\_\_，20\_\_\_\_。  
月 日 年

Thyroid. Traditional Chinese.

You are told about the test and given a pill to swallow.

**Part Two**

Your test is at \_\_\_\_\_ morning/afternoon  
Time

on \_\_\_\_\_, 20\_\_\_\_\_.  
Month Day Year

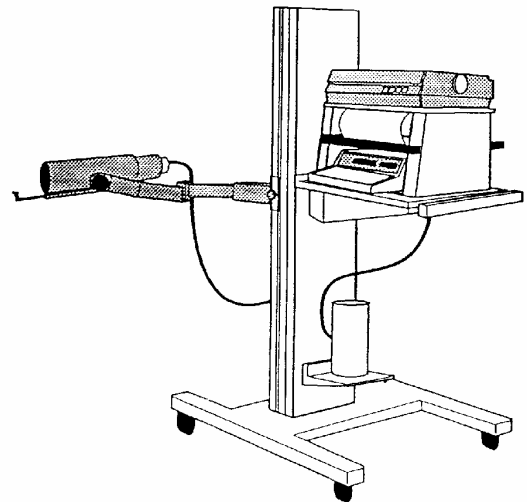
About 6 hours later, you return to have a small blood sample taken from your arm to measure the amount of radioactivity in your thyroid gland. You may wait at home between parts one and two.

**Part Three**

Your test is at \_\_\_\_\_ morning/afternoon  
Time

on \_\_\_\_\_, 20\_\_\_\_\_.  
Month Day Year

The next day, you have blood taken again. A scan of your thyroid gland is done. You will lie down for the scan. This takes about 1 hour.



Test results are sent to your doctor. Your doctor will share the results with you.

**Talk to your doctor or nurse if you have any questions or concerns.**

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有人將向您解釋測試事項並給您要吞的藥丸。

## 第二部份

您的測試是在\_\_\_\_\_ 上午/下午  
時間

在\_\_\_\_\_ , 20\_\_\_\_\_.  
月 日 年

您大約 6 小時之後返回，將從您的上臂抽取少量血樣，用於測量您甲狀腺中的放射能數量。在第一部分和第二部分的診訪之間，您可在家裡等候。

## 第三部份

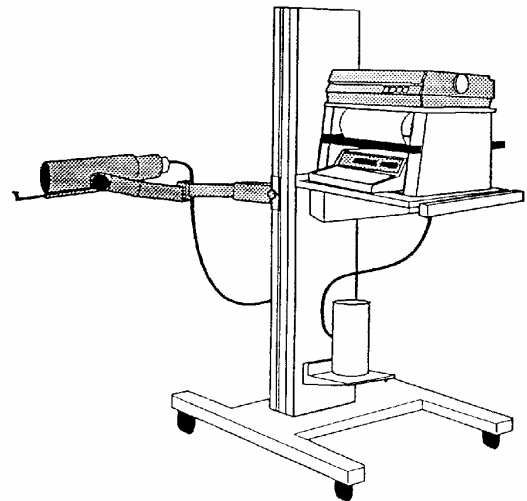
您的測試是在\_\_\_\_\_ 上午/下午  
時間

在\_\_\_\_\_ , 20\_\_\_\_\_.  
月 日 年

第二天，您要再抽一次血。  
將做您的甲狀腺掃描。  
掃描時您要躺下。大約需要  
1 個小時。

檢查結果會送給您的醫生。  
您的醫生將告知您結果。

**如果您有任何疑問或關注事項，請告知您的醫生或護士。**



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