

# Male Circumcision

Male circumcision is the removal of the foreskin around the end of the penis. If you decide on circumcision, your baby's doctor will do it in the nursery. If your baby is small or has any medical problems, the circumcision may need to be done later. The doctor will have you sign a consent form before the circumcision is done.

## During the Procedure

- The doctor will put a numbing medicine gel on the penis.
- Your baby may be offered a pacifier dipped in sugar water to ease pain.
- Your baby's legs will be held still while the foreskin is removed.
- Vaseline gauze may be placed around the end of the penis for the first 24 hours. This is to prevent the penis from sticking to the diaper.
- The procedure will last 5 to 10 minutes.

## Your Baby

- Your baby may be fussy, not eat well or sleep more for the first 24 hours.
- Hold and comfort your baby.
- Redness, swelling and a small amount of bleeding may occur for the first 48 hours.
- As it heals, yellowish-white patches may appear. Do not try to wipe these off. The patches will go away as the circumcision heals.

## Care After Circumcision

- Clean the penis gently with warm water each day. Pat dry.
- Watch for signs of infection such as redness, swelling or a foul odor.
- Put a small amount of petroleum jelly such as Vaseline at the end of the penis. Do this for 5-7 days each time you change the diaper.
- Your baby can take a tub bath after the circumcision is healed and the umbilical cord has fallen off.

# 男性包皮環切術

男性包皮環切術是指切除陰莖端部週圍的包皮。如果您決定為寶寶進行包皮環切術，醫生將在嬰兒室施行此手術。如果寶寶還小或者有任何醫療問題，包皮環切術可能要晚些時候再施行。施行包皮環切術之前，醫生將會讓您簽署一份同意書。

## 手術期間

- 醫生將在陰莖上塗敷膠體麻醉藥。
- 可能需要給寶寶一個沾有糖水的橡皮奶頭，以緩解疼痛。
- 切除包皮時，將使寶寶的腿保持靜止。
- 手術後 24 小時內，可以在陰莖端部週圍包上凡士林紗布。這樣可防止陰莖粘到尿布上。
- 手術將持續 5~10 分鐘。

## 寶寶

- 手術後 24 小時內，寶寶可能會急躁，吃不好，睡不好。
- 將寶寶抱在懷裏並加以安撫。
- 手術後 48 小時內，可能會發紅、腫脹，並少量出血。
- 包皮環切癒合期間，可能會出現黃白色斑點。不要試圖擦去這些斑點。包皮環切癒合後，這些斑點將會消失。

## 包皮環切術後的護理

- 每天用溫水輕輕洗陰莖，然後拍乾。
- 觀察有無發紅、腫脹或腐臭味等發炎症狀。
- 在陰莖端部塗抹少量凡士林油，在每次換尿布時，持續 5-7 天。
- 包皮環切癒合並且臍帶脫落後，寶寶便可以盆浴。

**Call Your Baby's Doctor if there is:**

- A lot of bleeding or large areas of blood on the diaper
- Increased redness or swelling
- A foul odor
- No urine output within 12 hours of the circumcision

**Talk to your baby's doctor if you have any questions or concerns.**

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**如有以下症狀，請致電寶寶的醫生：**

- 大量出血或者尿布上有大面積血迹
- 發紅或腫脹現象愈發嚴重
- 有腐臭味
- 包皮環切術後 12 個小時內沒有尿液排出。

**如有任何疑問或擔心，請告訴寶寶的醫生。**

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Male Circumcision. Traditional Chinese.