

# Male Circumcision

Male circumcision is the removal of the foreskin around the end of the penis. If you decide on circumcision, your baby's doctor will do it in the nursery. If your baby is small or has any medical problems, the circumcision may need to be done later. The doctor will have you sign a consent form before the circumcision is done.

## During the Procedure

- The doctor will put a numbing medicine gel on the penis.
- Your baby may be offered a pacifier dipped in sugar water to ease pain.
- Your baby's legs will be held still while the foreskin is removed.
- Vaseline gauze may be placed around the end of the penis for the first 24 hours. This is to prevent the penis from sticking to the diaper.
- The procedure will last 5 to 10 minutes.

## Your Baby

- Your baby may be fussy, not eat well or sleep more for the first 24 hours.
- Hold and comfort your baby.
- Redness, swelling and a small amount of bleeding may occur for the first 48 hours.
- As it heals, yellowish-white patches may appear. Do not try to wipe these off. The patches will go away as the circumcision heals.

## Care After Circumcision

- Clean the penis gently with warm water each day. Pat dry.
- Watch for signs of infection such as redness, swelling or a foul odor.
- Put a small amount of petroleum jelly such as Vaseline at the end of the penis. Do this for 5-7 days each time you change the diaper.
- Your baby can take a tub bath after the circumcision is healed and the umbilical cord has fallen off.

# 男性包皮环切术

男性包皮环切术是指切除阴茎端部周围的包皮。如果您决定为宝宝进行包皮环切术，医生将在婴儿室施行此手术。如果宝宝还小或者有任何医疗问题，包皮环切术可能要晚些时候再施行。施行包皮环切术之前，医生将会让您签署一份同意书。

## 手术期间

- 医生将在阴茎上涂敷胶体麻醉药。
- 可能需要给宝宝一个沾有糖水的橡皮奶头，以缓解疼痛。
- 切除包皮时，宝宝的腿将被控制不动。
- 手术后 24 小时内，可以在阴茎端部周围包上凡士林纱布。这样可防止阴茎粘到尿布上。
- 手术将持续 5~10 分钟。

## 宝宝

- 手术后 24 小时内，宝宝可能会急躁，吃不好，睡不好。
- 将宝宝抱在怀里并加以安抚。
- 手术后 48 小时内，可能会发红、肿胀，并少量出血。
- 包皮环切愈合期间，可能会出现黄白色斑点。不要试图擦去这些斑点。包皮环切愈合后，这些斑点将会消失。

## 包皮环切术后的护理

- 每天用温水轻轻洗阴茎，然后拍干。
- 观察有无发红、肿胀或腐臭味等发炎症状。
- 在阴茎端部涂抹少量凡士林油，在每次换尿布时，持续 5-7 天。
- 包皮环切愈合并且脐带脱落后，宝宝便可以盆浴。

**Call Your Baby's Doctor if there is:**

- A lot of bleeding or large areas of blood on the diaper
- Increased redness or swelling
- A foul odor
- No urine output within 12 hours of the circumcision

**Talk to your baby's doctor if you have any questions or concerns.**

**如有以下症状，请致电宝宝的医生：**

- 大量出血或者尿布上有大面积血迹
- 发红或肿胀现象越发严重
- 有腐臭味
- 包皮环切术后 12 个小时内没有尿液排出。

**如有任何疑问或担心，请告诉宝宝的医生。**

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Male Circumcision. Simplified Chinese.