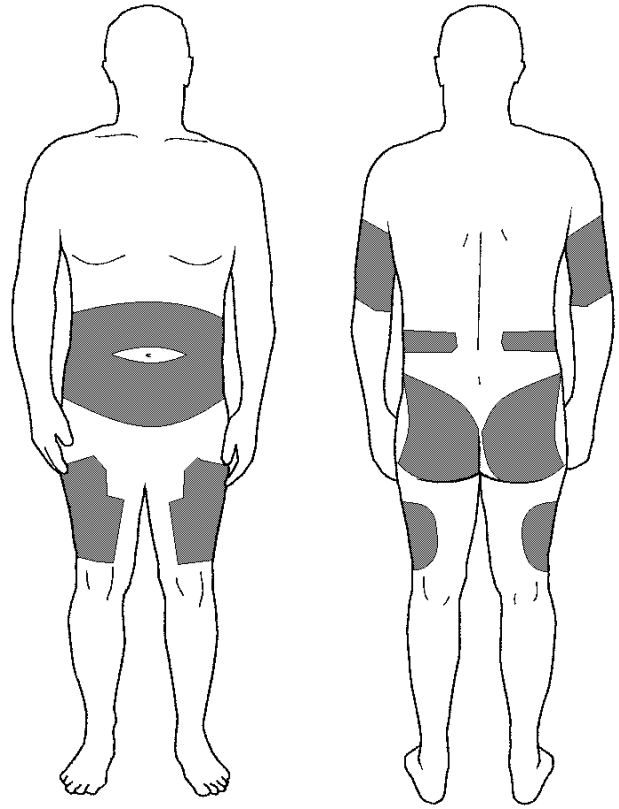


Giving Medicine by Subcutaneous Injection

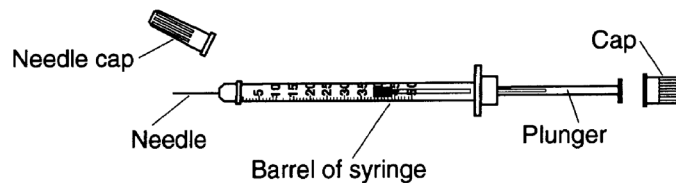
Select the Site for Injection

- Sites which can be used are:
 - Backs of the upper arms
 - Abdomen, around the navel
 - Front and side of thighs or upper legs
 - Back above waist
 - Buttocks
- Stay 1 inch away from the last injection.
- Stay 2 inches away from your navel or scars.
- **Do not** use areas that are bruised, tender or swollen.



Inject the Medicine

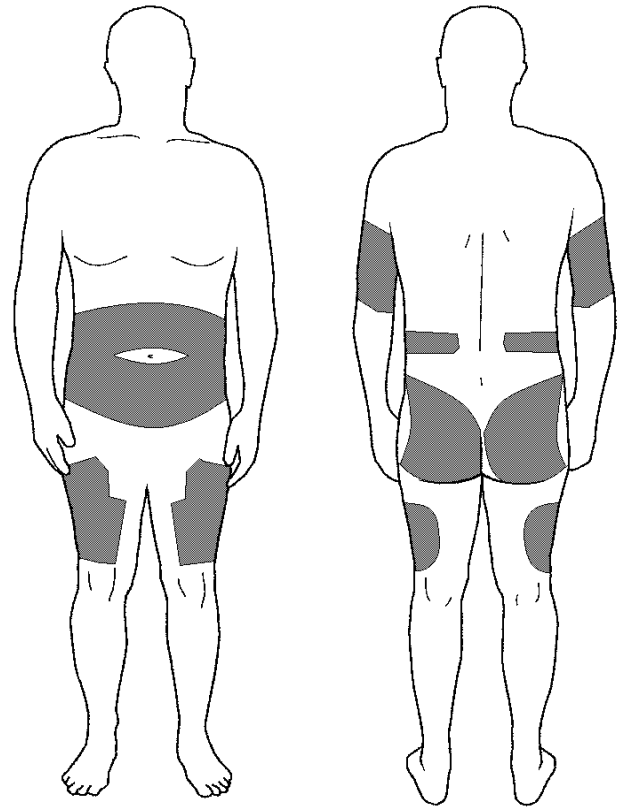
1. Wash your hands.
2. Clean your skin with an alcohol pad using a circular motion. Let the alcohol air dry.
3. Remove the needle cap and hold the syringe like a dart.



皮下注射药物

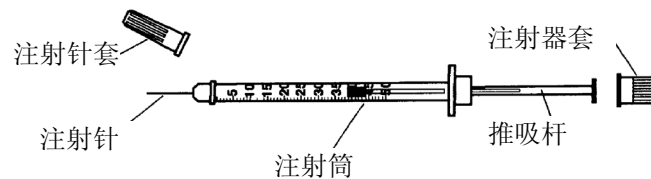
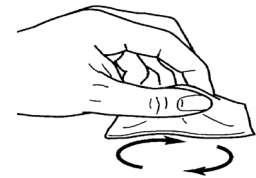
选择注射部位

- 可用于注射的部位是：
 - 上臂背部
 - 腹部(肚脐周围)
 - 大腿前部和侧部
 - 腰以上后背部
 - 臀部
- 要离前一次注射部位1寸(2.5公分)之远。
- 要离您的肚脐或疤痕处2寸(5公分)远。
- **不要**用有擦伤、触痛或肿胀的部位。



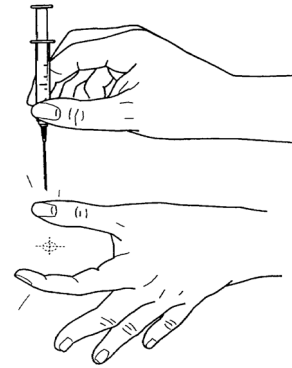
注射药物

1. 清洗双手。
2. 用酒精垫转圈清洁皮肤。让酒精空气干燥。
3. 除下注射针套。像持飞镖一样持注射器。

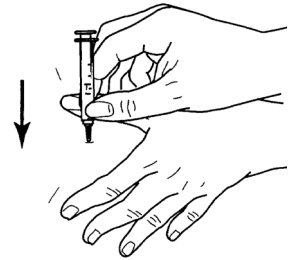


Subcutaneous Injection. Simplified Chinese.

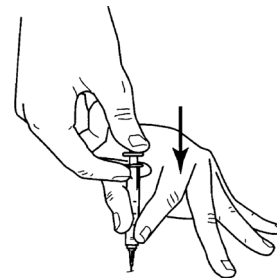
4. Gently pinch the skin at the injection site.



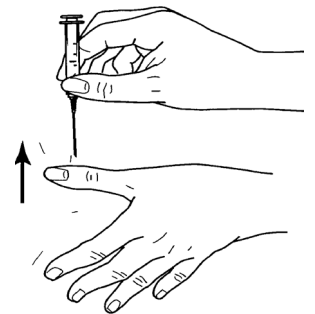
5. Insert the needle straight into the skin.



6. Let go of the skin and give the medicine slowly by pushing in the plunger.



7. Pull the needle out of your skin and quickly press the alcohol pad or your finger onto the site. **Do not rub the skin.**



8. Hold pressure on the site for 30-60 seconds.

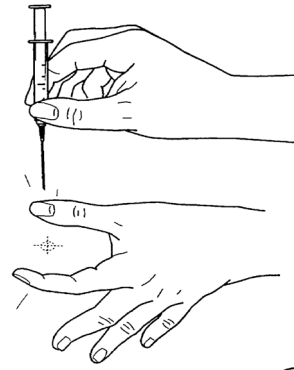
Clean Up Supplies

- Put the used syringe and needle into a strong container that has a cap or lid, such as a bleach or detergent jug. Do not recap the needle.

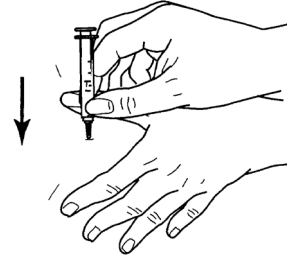
Talk to your doctor or nurse if you have any questions or concerns.

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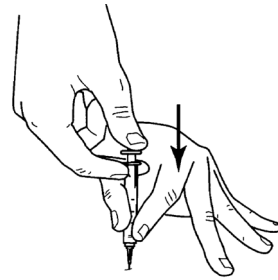
4. 轻轻捏住注射部位的皮肤。



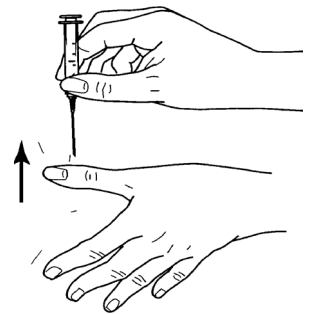
5. 将针直插入皮肤。



6. 将捏住的皮肤松开，慢推推吸杆注入药物。



7. 拔出注射针。迅速用酒精垫或用手压在注射部位上。**不要摩擦皮肤。**



8. 给注射部位保持 30-60 秒的压力。

清理用品

- 将用过的注射器和注射针放入一个有盖的结实容器，例如漂白水或清洁剂罐。不要重复使用注射针。

如果您有任何疑问或关注事宜，请告知您的医生或护士。

Subcutaneous Injection. Simplified Chinese.

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